

Grade one-Health & Physical Education

Week 14- Being safe when playing outside

Prepared by Ms. Amrine

**Full name of
child:.....**

Guidelines: Parents are requested to let the child complete atleast one activity per day. The child must be guided by parents throughout the paper. Therefore, instructions must be given to the child before she/he starts the activities.

Question 1

Circle the correct answer.

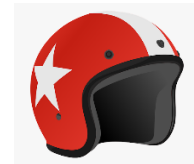
a) Katy is at the seaside. It is a sunny day. What will she wear to protect herself from the sun?



Slippers



hat



helmet

b) In summer, I wear light cotton clothes.



Question 2

Match the sentences to the pictures

I must not slide down on the
handrail of the staircase.



I must not climb on desk and play.



I must not play in the water puddle.



I must not run or jump the stairs.



Question 3

Fill in the blanks with the correct words

a) When I play outside I check that the ground is not in case of rainy weather. (**slippery, dry**)



b) I wear warm clothes during
(**summer, winter**)



c) I always have my bottle of with me when I play outside.

(**soft drink, water**)

