### **Grade one-Health & Physical Education**

Week 12- Revision – On home, parts of the body and hygiene

<b>Prepared</b>	by	Ms.	Nameta	h
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Full name of	f				
child:	• • • • • • • • • • • • •	• • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • •	• • • • • • •

Guidelines: Parents are requested to let the child complete atleast one activity per day. The child must be guided by parents throughout the paper. Therefore, instructions must be given to the child before she/he starts the activities.

### **Question 1**

1. I name the different body parts of the body with the words given below.

# nose eye hair neck ear hand leg knee foot mouth arm stomach

# I Match the words with the right picture.

Kitchen	•	
Bathroom	•	
Living room	•	
Garage	•	
Bedroom	•	

I keep my room clean.

I match the sentence with the right picture.

I make my bed.

I pick up my toys.

I put my shoes away.

I throw away garbage.

I put books on the shelf.

I place my dirty clothes in the basket













### a. The right way to sneeze/ cough!

I observe the picture below and tick the proper action.







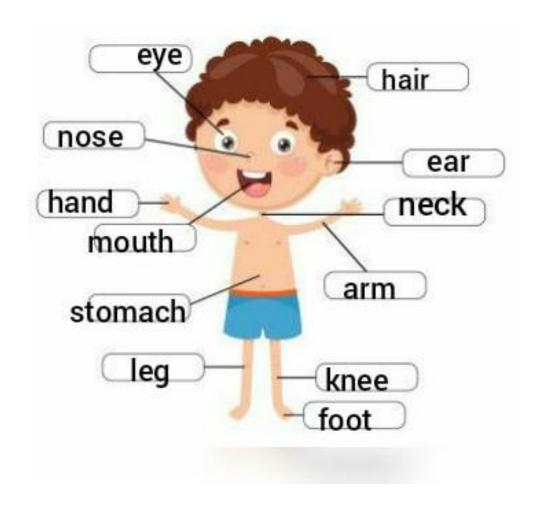


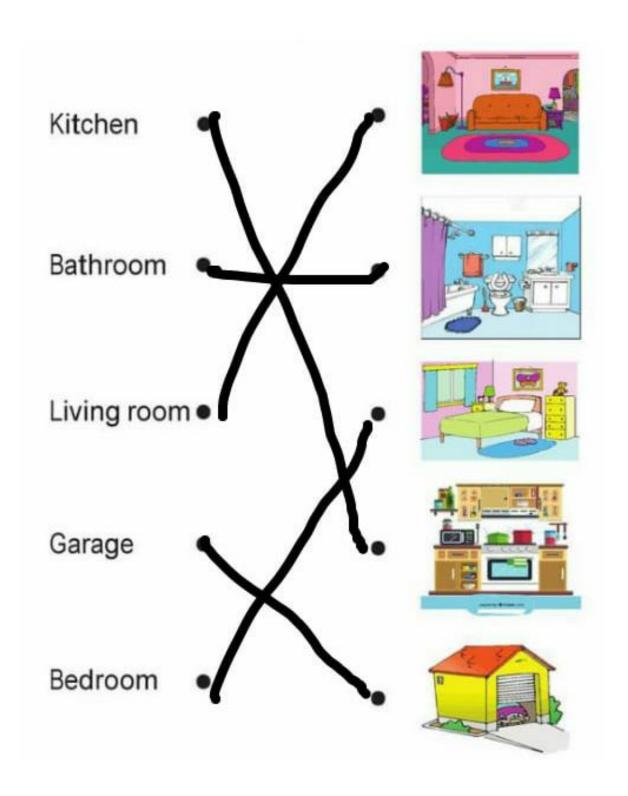
- b. I wash my hands. Complete with the words given below. (rub, wet, dry, soap, rinse)
  - a. I ..... my hands.
  - b. I put .....
  - c. I ..... my hands.
  - d. I ..... with water.
  - e. I .....with a towel.

### **Answer sheet**

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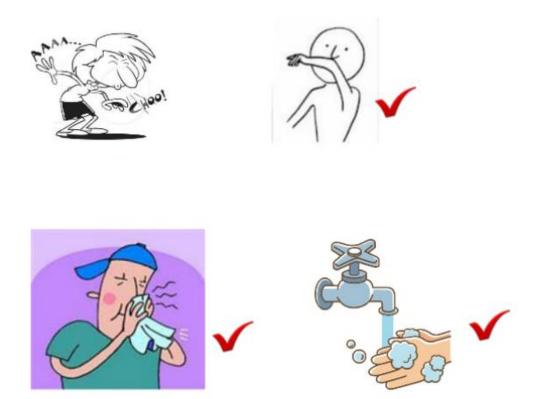
# **Question1**







# Part a



# Part b

- a. wet
- b. soap
- c. rub
- d. rinse
- e. dry