ACTIVITY 1:

Snacks are small portions of food eaten in-between meals.

Snacks are eaten:
   a) During the short breaks at school.
   b) When we go back home.
   c) Sometimes after dinner.

1) Answer the following questions.
   a) What do you eat when you are hungry in-between meals?
      ........................
   b) I draw the food I usually eat for snack.

   

   c) Name 3 snacks that you eat at school only.
      i)  ....................
      ii)  ....................
      iii)  ....................

   d) Name 3 snacks that you eat at home only.
      i)  ....................
      ii)  ....................
      iii)  ....................
ACTIVITY 2:

Healthy and unhealthy snacks.

1) Name the foods.

2) I circle the snacks that are good for health.

\[\begin{array}{cccc}
\text{chips} & \text{yogurt} & \text{nuts} & \text{candy}
\end{array}\]

ACTIVITY 3:

1) Answer these questions about you.

a) Do you like snacks?

b) Look at the pictures carefully.

\[\begin{array}{ll}
\text{chips} & \text{pancake}
\end{array}\]

Can you make the two snacks at home? ............. (Yes or No)

b) Look at the pictures carefully.

\[\begin{array}{ll}
\text{chips} & \text{pancake}
\end{array}\]

Can you make the two snacks at home? ............. (Yes or No)

a) Do you like snacks?

b) Look at the pictures carefully.

Can you make the two snacks at home? ............. (Yes or No)

d) It tastes good because .................

e) I eat it when .................
ACTIVITY 4:

1) Name 3 unhealthy snacks that you should avoid.
   i) ........................
   ii) ........................
   iii) ........................

2) Name 3 healthy snacks that you can have daily.
   i) ........................
   ii) ........................
   iii) ........................

ACTIVITY 5:

Drinks that you can have when having snacks.

1) Label the pictures using the following words.
   milkshake, orange juice, tea, milk

2) Unhealthy snacks.
   a) Name the foods.
   b) Circle the unhealthy snacks.