

NORTHLANDS & SUNFIELD CITY SCHOOL

Grade 2 – 1st term 2020

HEALTH EDUCATION REVISION

Prepared by Miss Amrine Fareedun

Guideline: Parents are requested to assist the child. Instructions must be read by parents.

Activity 1

- a) Hiba has long and straight hair.
Circle the things Hiba uses to keep her hair tidy.



Hiba uses a _____. (toothbrush, hairbrush)

- b) Jimmy has short and clean nails.
Circle the things Jimmy uses to keep his nails clean.



Jimmy uses a _____. (a pair of scissors, nail clipper)

Activity 2

The mouth and teeth.



This is Mina's mouth.

- a) Her mouth is _____.
(dirty, clean)
- b) She brushes her teeth _____ every meal.
(before, after)
- c) She uses a _____ and toothpaste.
(toothbrush, hairbrush)
- d) Mina brushes her teeth _____ a day.
(once, twice)
- e) She brushes her teeth in the _____ and at
_____ before going to bed.
(morning, night)

Activity 3

Where does my food comes from?

(i) I write the letter for a food from animal and the letter for a food from plant.



Pulses



Eggs



Carrot



Cheese



Chicken



Bread

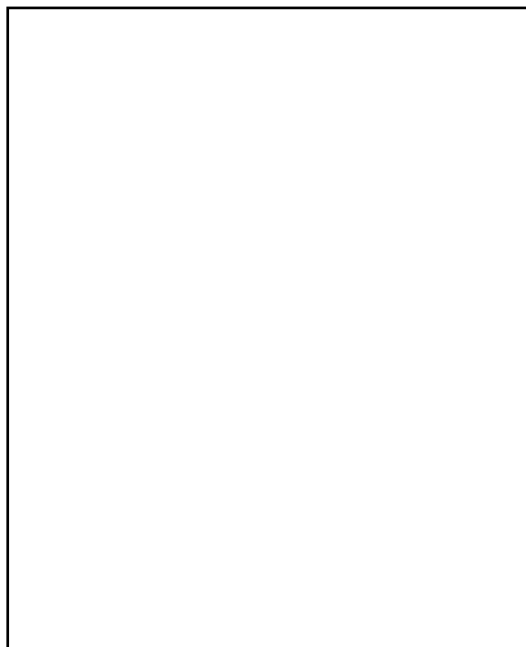
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(ii) Draw one food from animal and one food from plant.

Animal



Plant



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Activity 4

Fruits and vegetable are important sources of vitamins, minerals and water
Fruits and vegetables are good for health.

There is a wide variety of fruits and vegetables.

(i) Match each fruit with its correct name.



orange

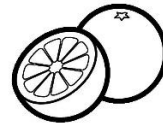
pineapple

watermelon

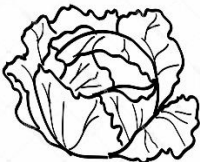
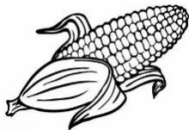
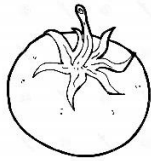
banana

apple

grapes



(ii) Match each vegetables with its correct name.



eggplant

tomato

cabbage

carrot

maize

pumpkin

